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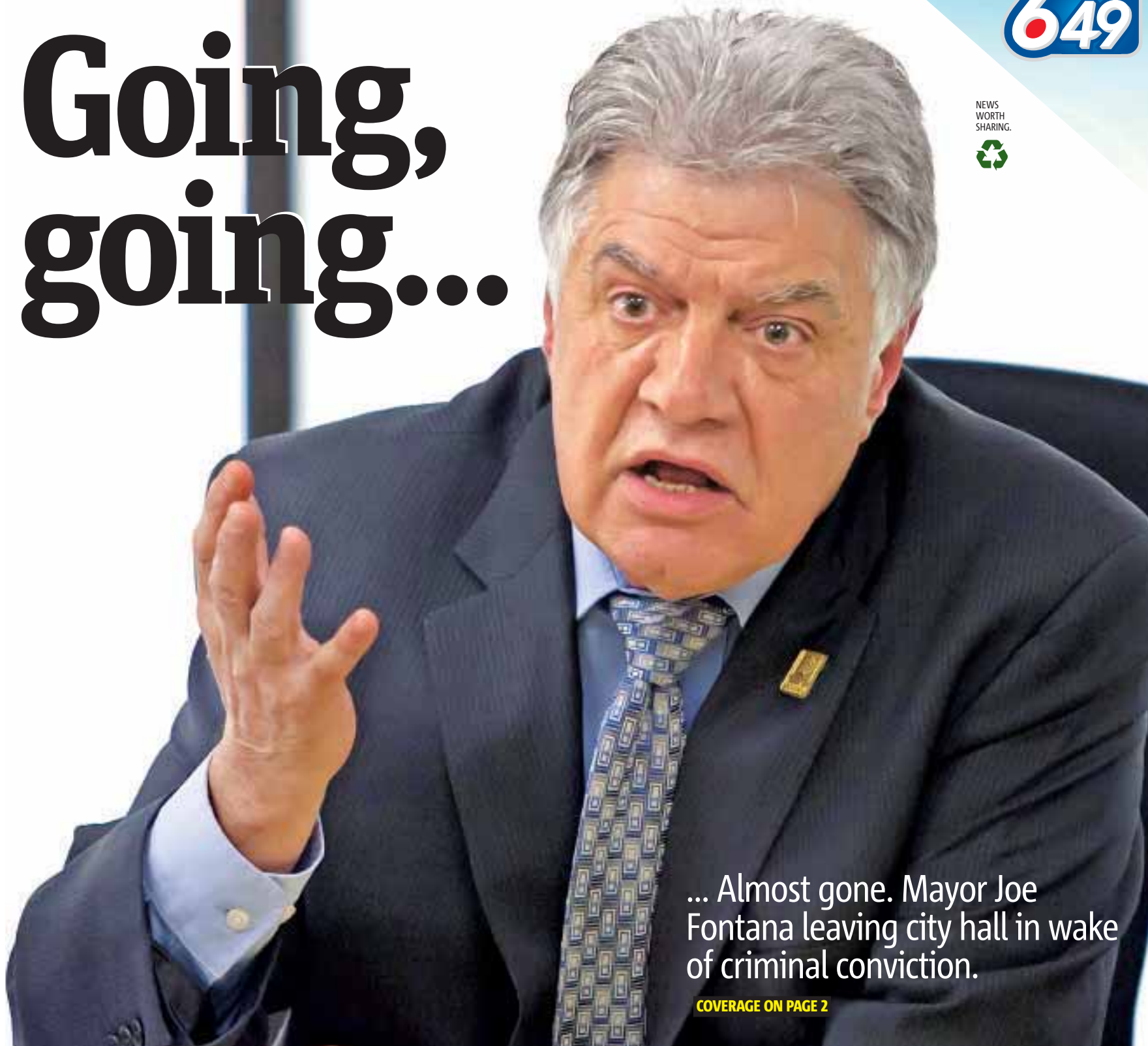
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Going, going...



... Almost gone. Mayor Joe Fontana leaving city hall in wake of criminal conviction.

COVERAGE ON PAGE 2

Looking back

Court cases
bookend mayor's
rise and fall

It was a criminal court case that helped Joe Fontana become London's 59th mayor, and, in the end, another that forced him to resign.

What's more, Bruce Thomas was the judge both times.

The 10-year mayoral run of Fontana's predecessor, Anne-Marie DeCicco-Best, ended on Oct. 25, 2010, while the high-profile drunk driving trial of her husband, Tim Best, was before the court.

Justice Thomas found Best guilty in January 2011, months after Fontana was elected in a close vote over DeCicco-Best.

Less than four years later, Thomas again ruled for the Crown on Friday, finding Fontana guilty of fraud under \$5,000, breach of trust and uttering a forged document.

For many, Fontana's term as mayor will not be remembered fondly. The closure of long-standing factories Electro-Motive Diesel and Kellogg's forced thousands out of work.

Some took particular umbrage in early 2012 when he told Prime Minister Stephen Harper to "get your ass down here" during the EMD saga, and, later, when he told Western students that studying was "bullsh—t."

But many also liked the fighter, a man of the people, born in Italy and raised in Timmins, Ont.

He was a London city councillor for 10 years and a federal MP for 18 more.

Sadly for the city and Fontana, most might remember him for a single word said three times on June 13, 2014: Guilty.

SCOTT TAYLOR/METRO



From left, Couns. Bill Armstrong, Paul Hubert, Joe Swan and Stephen Orser gather in council chambers Monday for a committee meeting — the first at city hall since Mayor Joe Fontana announced that he will resign. MIKE DONACHIE/METRO

Fontana resigning

Stepping down. Mayor confirms he will quit, formal announcement to come Thursday



MIKE DONACHIE
mike.donachie@metronews.ca

Enough is enough, Joe Fontana said on Monday as the tension surrounding his tenure as London's mayor finally broke.

He will resign. It's time to go. He just can't hold on any longer.

Three days after the career politician's life came crashing down in the London courthouse, he released a statement saying he would resign.

In the statement, the embattled mayor, who wasn't at city hall Monday and hasn't been seen in public since he answered questions outside the court, said he will have a press conference on Thursday.

"I am taking this step out of respect for the office of the mayor, the people of London and our judicial system," he said in the email. "Over the next two days I will be speaking with fellow council members and city staff to ensure a smooth transition for whom-ever takes the interim mayor's position."

Several councillors called for his head on Friday. Since then, more have urged him to go during private conversations. With little support at city hall and a possible prison sentence still hanging over him, Fontana's position became untenable.

Quickly, minds turned to the question of keeping the wheels turning in the municipality.

Until he formally resigns by writing to city clerk Cathy Saunders, Fontana remains the mayor.

Once he's gone, the acting mayor is the next person on a prepared list of city councillors

who stand in for him when he's out of town.

That person is Coun. Joe Swan, who said he'll chair the meeting on June 24, when council is expected to choose an interim mayor to see the city through to the election on Oct. 27.

"I have to perform the duties and functions in the short term," Swan said. "I'm not personally interested in assuming that responsibility to the end of term."

So who will it be?

Many people are looking at Coun. Joni Baechler, who's well-respected but is leaving municipal politics in the fall.

"I've said, if my colleagues would like me to serve, I'm happy to try to fill the slot," Baechler said Monday.

The interim mayor doesn't have to be a councillor, but it's likely he or she will be. If that turns out to be the case, council must then pick a Londoner to fill the empty council seat.

Resignations

Joe Fontana is the fifth mayor to resign from London's top political seat. The others are:

- **John Christie:** Served Jan. 1-Feb. 22, 1869; resigned.
- **Allan Johnson Rush:** Served 1951-1954 and three months of 1955; resigned to become superintendent of Dearness Home.
- **George Ernest Beedle:** Served April 1-Aug. 9, 1955; resigned to become superintendent of Dearness Home after Allan Rush died.
- **James Frederick Gosnell:** Served Jan. 1-March 6, 1972; resigned for health reasons. Jane Bigelow was appointed mayor.

'Open season' declared in mayoral race

Ssssh! We're hunting mayors.

It didn't take long for Mayor Joe Fontana's possible replacements to start popping up Monday. Hours after Fontana announced plans to resign, three city councillors publicly confirmed they're mulling a mayoral run.

Couns. Joe Swan, Bud Polhill and Stephen Orser, all Fontana allies on council, are open to the idea.

"It's kind of open season

on this job, and we could have anybody out there jump on it," Polhill said.

Already, Coun. Matt Brown is one of 10 candidates who have filed to run for the city's top job.

Swan, who's due to stand in as acting mayor at the June



Joe Swan

24 council meeting, said he will be thinking about a run.

"I will make an announcement following the council meeting," Swan said. "It will be June 25."

Then there's Polhill, who's been on council for 26 years.



Bud Polhill

"I would consider it, yes," he said when asked the big question.

He said that until now he had not seriously thought about a run for the city's top job because Fontana being found guilty was a surprise.



Stephen Orser ALL COURTESY LONDON.CA

"I never expected what we got on Friday so I'm going to have to sit down with my family and talk about this," Polhill said. "A lot of people have talked to me about it. I'm seriously considering it, but I haven't made up my mind yet."

Orser said: "With the recent turn of events, I've had all sorts of people, from all walks of life make direct comment to me to go for it." MIKE DONACHIE/METRO

Veterans Memorial Pkwy. Committee springs for a prettier, pricier noise wall

A city hall committee has agreed to build a noise wall to protect backyards near Veterans Memorial Parkway.

Haven't we been here before?

Yes, we have, but this time a contract was awarded for the much-discussed project, which has been on council agendas for the last 11 years.

Unusually, the cost of the contract has increased.

It's still subject to council approval next week, but on Monday the civic-works committee made a new recommendation.

Members agreed that the contract should be awarded to Blue Sky Fence and Deck Inc. and that it should exceed the \$500,000 limit previously set

Cost of quiet

\$564,803

The expected cost of the noise wall

by council.

That's because the contractor has suggested that, instead of wood, the wall could be made of a synthetic material.

If council agrees, the cost will increase and the wall will be crafted in SimTek EcoStone, which is apparently more durable and looks better.

Coun. Joni Baechler said the cost was "reasonable" and the result would be "esthetically nice for the residents."

MIKE DONACHIE/METRO

Louise Arbour

Sir George Ross school renamed

The Thames Valley District School Board of Trustees has approved the renaming of Sir George Ross Secondary School.

When the northeast London school opens its doors in September, it will be called Louise Arbour French Immersion Public School — in honour of the former Canadian Supreme Court justice.

The school is taking on students from Huron Heights French Immersion

Public School, which closes at the end of this school year.

Arbour was appointed to the Supreme Court of Ontario in 1987 and to the Ontario Court of Appeal in 1990. In 1996 in The Hague, she was appointed chief prosecutor of the International Criminal Tribunal for Rwanda and for the former Yugoslavia.

She made history with the war-crime indictment of a sitting head of state, Yugoslavian President Slobodan Milosevic. In 1999, she was appointed to the Supreme Court of Canada.

METRO



The wonder of nature

The kids of Eagle Heights Public School have been getting gardening lessons from the experts. Seniors at Cherryhill Village have been passing on their wisdom to Grade 3 students in a program set up by Minto Properties, which owns the apartment complex and its community gardens. Produce grown during the project will be donated to the London Food Bank, said Brandi McIlvenny of Minto. Here, students take a close look at gooseberries on Monday. MIKE DONACHIE/METRO



A dumpster has been moved onto the Asima Drive property where a boy was found locked in a bedroom last month. SCOTT TAYLOR/METRO

Dad seeks to reunite with confined child

International effort.
Man and woman seen
cleaning out house
where boy was found



SCOTT
TAYLOR
scott.taylor@metronews.ca

The father of a 10-year-old boy locked in the bedroom of a southeast London home for more than 18 months has been granted a passport to travel to the city from South Korea to see his son.

The man is working with the International Social Service (ISS), which will determine if he's fit to take care of

the boy, now in foster care.

The ISS helps individuals and families confronted with social problems involving multiple countries as a consequence of international migration or displacement.

Toronto-based Korean Times journalist Jay Jung was the first to be contacted by the father after news of the boy's situation broke.

Jung said the father, who can't be identified in order to protect the boy's identity, is doing all he can to get the process moving.

"I talked to the father last weekend," he said in an email to Metro. "He got his passport and is ready to come."

He's now waiting on the results of an ISS audit.

"The father was quite confident he can bring his son back, but the result is still pending at the moment," Jung said.

Meanwhile, a young Asian man and woman have been cleaning out the Asima Drive house the past few days.

A dumpster was placed in the driveway Saturday and a man was seen entering the house later that night.

The man and woman were there again Monday afternoon but refused to speak to Metro.

The whereabouts of the couple who lived there is unknown.

Their nine-year-old daughter, who police said lived a normal life with them while the boy was locked upstairs, is in a separate foster home.

Background

On May 29, police and children's aid workers removed the 10-year-old boy from what's been described as a feces-and-urine-soaked bedroom after an anonymous caller reported a child being left alone at night.

- The boy's aunt and uncle have been charged with forcible confinement and failing to provide the necessities of life.

- The boy's father reportedly sent him to live with the couple after falling on hard times in South Korea.

Multicultural club will survive exodus: Prez

The London Multicultural Club will continue, its president declared Monday, despite the resignations of seven of its eight board members.

The seven — Flavio Iannialice, Amin Saab, Jaime Martinez, Clarence Borja, Leo Strano, Hope Clark and Michelle Cialuk — issued a

joint statement saying they had resigned and the organization was disbanding.

"Unfortunately during the last month many events and circumstances took place which made seven of our eight board members extremely uncomfortable," it stated.

Asked to elaborate, Martinez said private discussions

would take place and he didn't want to say more.

But he did acknowledge that a personal clash was behind the move.

Martinez said the former members would remain active within their communities and might consider forming a new organization in the future.

Meanwhile, the club's

president, Deeq Abdi, insisted the club will continue.

He said board members are already in place, and some of those who resigned needed to do so because runs for political office were "a conflict of interest."

Iannialice is a candidate for city council, he noted.

MIKE DONACHIE/METRO

Advice for Wynne. Get aggressive on deficit: federal finance minister

Finance Minister Joe Oliver says Ontario is facing a difficult economy, but is urging Liberal Premier Kathleen Wynne to act aggressively on the province's growing deficit, in next month's post-election budget.

When the legislature returns July 2, the Liberals — who won a majority last week — are expected to reintroduce essentially the same budget that was defeated, triggering the election. That budget includes adding more than \$1 billion to the deficit, to take it to \$12.5 billion.

Without going into specifics, Oliver told reporters Monday he would prefer if the budget was more aggressive in tackling the deficit.

"The premier will have to confront some tough fiscal decisions and we hope her government would follow our lead toward a balanced budget in Ontario," he said.

Oliver made the comment after a closed-door meeting with more than a dozen private sector economists called

Quoted

"Canada cannot arrive at its potential if the biggest province remains in difficulty."

Joe Oliver, federal finance minister

to update Ottawa on the economy. The meeting was billed as a get-acquainted session for the minister, who took over the portfolio in March and will be charged with tabling his first budget next spring.

Economists speaking to reporters after the meeting said despite some significant developments since the federal budget was tabled in February, the overall forecast of moderate growth for the Canadian economy remains largely intact. The net result, said Oliver, is that barring an unforeseen shock, Ottawa will almost certainly balance the budget next year for the first time since 2007. **THE CANADIAN PRESS**



Workers protest cuts to refugee health care

Health-care workers gathered in Victoria Park on Monday to protest on the second anniversary of the federal government's cuts to the Interim Federal Health Program. It was part of a national day of action and included doctors, nurses, community health workers and others. They say refugees, including children and pregnant women, have been denied health services as a result of the cuts. **MIKE DONACHIE/METRO**

PC leadership

Ontario PCs eager to replace Tim Hudak

Ontario's Progressive Conservatives could soon have an interim leader to replace Tim Hudak, following the party's defeat in last week's provincial election.

Conservatives who survived the Liberal sweep held a caucus meeting at the legislature Monday to discuss what went wrong in the election, which cost the party nine seats and allowed Premier Kathleen Wynne to be re-elected with a majority government.

On the way to the meeting, several Tories expressed frustration with Hudak and his campaign pledge to cut 100,000 public-sector jobs as part of a promise to create a million new jobs overall.

"This was an anti-Tim Hudak election," Prince Edward-Hastings MPP Todd Smith said before the meeting. "We need renewal in our party and it has to start today." **THE CANADIAN PRESS**

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Move to East Coast turns into a bad drug trip for Metro reporter

Halifax. All of Kristen Lipscombe's belongings seized when nearly \$9M worth of pot and heroin found in moving truck



RUTH
DAVENPORT
Metro in Halifax

Most Canadians who have had to relocate from one point of our vast country to another know that a big move will come with at least one glitch.

In Kristen Lipscombe's case, the glitch came in the form of nearly \$9 million worth of hash, pot and heroin hidden aboard the moving truck that picked up all her worldly goods in Calgary on June 3.

"All you can do is laugh," said Lipscombe on Monday — her first day on the job as Metro Halifax's new sports reporter. "I have to have a positive attitude and look at it as another life experience and a really good story."

Lipscombe has moved sev-



Kristen Lipscombe sits in her bare condominium in Halifax on Monday. JEFF HARPER/METRO IN HALIFAX

eral times in her life, so she wasn't entirely surprised when the truck didn't arrive in Halifax as scheduled last Thursday.

But the reason she got from the moving company the next day — Friday the 13th, no less — was a shock.

"It was literally, 'We have

some not-so-great news for you,'" said Lipscombe. "My first thought was, 'There was some sort of accident — my stuff's all over the highway.'"

In fact, Lipscombe's stuff was safely aboard the truck — but was surrounded by boxes of pot and bricks of heroin.

It was all seized at the Edmonton airport by members of the Alberta Law Enforcement Response Team, who found more drugs in a storage facility.

Five men — three from Edmonton and two from Chilliwack, B.C. — were arrested, one of whom itemized and

signed for all of Lipscombe's belongings in her Calgary condo.

Lipscombe says it's a funny story in some ways — but not in others.

"I have, obviously, individuals who shouldn't be trusted dealing with all of my personal

Quoted

"I'm concerned about my personal belongings.... I don't know how they've been handled, I don't know if all my boxes have been opened and sorted through, if they've gone through my skivvies."

Kristen Lipscombe

belongings. It's disturbing," she said.

Information has been hard to come by, but it appears Lipscombe's goods have been released, and are on their way to Halifax.

She said she has enough to get by for a few days, but is hoping it arrives sooner rather than later — and with some kind of discount.

"Moving is one of the most stressful life events ... so add on the fact that my stuff is in the middle of some drug investigation, and that's the icing on the cake," she said.

Keystone isn't everything: Clinton

Washington's long-awaited decision to approve or reject the Keystone XL pipeline should not become a symbol of the relationship between the United States and Canada, former U.S. secretary of state Hillary Clinton said Monday.

Speaking in Toronto before a business crowd of roughly 1,800 people, Clinton said the controversial project — designed to move Alberta crude oil to the Gulf Coast — has become "a proxy for everything" as proponents and critics lock horns over its fate.

"However this Keystone decision is finally made, some people are going to be very happy, relieved and think it was the right decision — and some people are going to be distraught and even angry and upset, thinking it was a terrible decision," she said.

"I do not see it, though, nor should it be a proxy for the relationship. It is, after all, one pipeline. We already have a lot of pipelines that cross our border."



Former U.S. secretary of state Hillary Clinton discusses her new book *Hard Choices* in Toronto on Monday. NATHAN DENETTE/THE CANADIAN PRESS

American approval of the pipeline has been stalled in the U.S. while the Obama administration drops hints that Canada must do more on the environment.

The TransCanada Corp. project should be part of a wider discussion on energy and the environment, Clinton said.

"I do believe that both Canada and the United States can become even richer, more prosperous, but also more environmentally sustainable by having a broad engagement over energy and climate, and not focusing everything on this one decision."

THE CANADIAN PRESS

Hillary's Hard Choices

The former first lady was in Toronto to discuss her new memoir, *Hard Choices*.

- Many observers were hoping she might drop a few hints on whether she plans to run in the next U.S. presidential election, but she would only say she hopes to one day see a woman in the White House.
- Clinton has insisted she hasn't decided on a second bid for the presidency but over the course of her book tour so far she has made it clear she is giving it serious consideration.
- Clinton has said she finds the prospect of running for president compelling simply because it offers her the chance to help Americans find economic opportunities that elude them.

Interns. NDP hope new bill will put end to 'Wild West' exploitation of workers

The NDP is hoping to end the "Wild West" exploitation of unpaid interns with a new bill that would cap the hours an intern can work.

The private member's bill, introduced Monday by NDP MP Laurin Liu, would grant interns the right to refuse dangerous work and offer them protection from sexual harassment.

The NDP bill is limited to federally regulated workplaces, but it's better than having no protections at all, said Andrew

Cash, who is co-sponsoring the bill with Liu.

"There's many employers that take this very seriously, there's very good programs set up through universities and colleges," said Cash.

"But it is a bit of a Wild West out there in that ... if you are working at an internship program, you're at the whims of an employer who is not paying you. And sometimes that has turned in some cases tragic."

THE CANADIAN PRESS

Online privacy

New tool forces telecoms to disclose info they collect

Canadians concerned about online privacy have a new way to find out if their telecom provider is collecting information about them — and sharing it with third parties like government entities.

The new web tool, known as "Access My Info," helps create a formal letter which, under Canadian privacy law, telecom companies are legally obliged to respond to within 30 days, the website offering the tool says.

Canadians requesting the information fill out basic details about themselves and their telecom provider, and can do so confidentially, the website says. THE CANADIAN PRESS

Ill-timed bet costs Greenpeace \$5M

Greenpeace has suffered a \$5.2 million US loss on an ill-timed bet in the currency market by a well-intentioned — if reckless — employee in its finance department.

The environmental group, which is based in Amsterdam, said Monday the employee — who had bet the euro would not strengthen against other currencies in 2013, when it did — had acted beyond the limits of his authority.

Greenpeace International fired the employee, whom it did not identify, but said there was no evidence of fraud.

"Every indication is, this was done with the best of intentions but not the best of judgment," said spokesman Mike Townsley.

He said the organization was deeply concerned that the incident would offend its supporters, and apologized. Greenpeace does not accept

contributions from companies or governments and is funded entirely by individuals.

The employee was a financial expert whose job included currency trades to protect the organization from fluctuations in the market. He was not qualified, however, to undertake trades on the scale he did, Townsley said. He also ignored company rules, under which he should have checked with supervisors. **THE ASSOCIATED PRESS**

Cutting its losses

- Townsley of Greenpeace said the organization has already taken steps to strengthen financial controls to prevent such incidents in the future. The group said it would absorb the loss by cutting planned investments in "infrastructure."



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Starbucks barista Linsey Pringle prepares a cup of coffee at a Starbucks Corp. store in Seattle. On Monday, Starbucks announced a partnership with Arizona State University to make online degrees available to its 135,000 U.S. employees who work at least 20 hours a week. **TED S. WARREN/THE ASSOCIATED PRESS FILE**

Barista to bachelor's degree

Starbucks. Program will allow U.S. workers to earn online college degree; concept could be expanded internationally

Starbucks is giving its baristas a bargain on an online college degree.

The company is partnering with Arizona State University to make an undergrad education available at a steep discount to 135,000 U.S. employees who work at least 20 hours a week. Workers can choose from 40 educational programs, and they won't be required to stay at Starbucks after earning the degree.

For freshman and sophomore years, students would pay a greatly reduced tuition after factoring in a scholar-

ship from Starbucks, ASU and financial aid, such as Pell grants. For the junior and senior years, Starbucks would reimburse any money that workers pay out of pocket.

That means employees who already have two years of college under their belts would be able to finish school at no cost.

Tuition reimbursement is a rare benefit for low-wage workers in the retail industry. In 2010, Wal-Mart Stores Inc. started offering partial tuition grants for workers at American Public University, a for-profit, online school.

Starbucks already has a program that reimburses workers for up to \$1,000 a year at City University of Seattle or at Strayer University. Starbucks says that will be phased out by 2015 in favour of the new program, which is far more generous. **THE ASSOCIATED PRESS**

Market Minute

DOLLAR
92.24¢
(+0.13¢)

TSX
15,040.43 (+38.82)

OIL
\$106.90 US (-1¢)

Natural gas: \$4.71 US (no change)
Dow Jones: 16,781.01 (+5.27)

GOLD
\$1,275.30 US (+\$1.20)

#NOFILTER #PRENUP #BADIDEA

Recently engaged couple Alan Linic and Claire Meyer are experts when it comes to PDA: publicly displaying arguments. The pair has been documenting their fights from their shared Twitter account aptly named @WeFought-About since August 2013. The feed — which now has over 21,000 followers — offers a humorous glimpse into the mundane reasons behind the couple's domestic squabbles including disagreements over television shows, haircuts and computer passwords.

While Linic and Meyer are happy to broadcast their quirky romantic quarrels to thousands of followers, most of us have a bit more restraint when it comes to sharing our personal lives online. Some couples are even going so far as to draw up formal contracts to govern what they can and can't post about each other online.

We might be living in a digital world but I think couples need to exercise a little common sense regarding social media



SHE SAYS
Jessica Napier
metronews.ca

etiquette. Uploading an unflattering photo of your fiancé to Facebook is pretty thoughtless, but it isn't exactly a relationship deal-breaker and it shouldn't require legal intervention.

And yet an increasing number of couples are turning to third-party experts to help them navigate their expectations concerning online behaviour.

New York-based attorney Ann-Margaret Carrozza appeared on a recent episode of Good Morning America to discuss the rise of social media clauses in prenuptial agreements. Customizable lifestyle contracts are designed to prevent partners from posting private, embarrassing or potentially incriminating content about one another on social networking sites.

The consequences for individuals who violate the behavioural prerequisites outlined in a prenup can range from simple punishments, like doing the dishes, to more serious penalties such as fines up to \$50,000, Carrozza said.

Whatever happened to communicating with your significant other openly and honestly? If you need to hire a professional to draw up a legally binding document to regulate what sort of content you can share about one another on the Internet, then you might want to consider whether or not your relationship is even ready for the next step.

Unless you're a Kardashian, you should understand that some parts of your private life should remain private.

Stop fretting about your fans and followers and remember that real relationships take place offline. Live-tweeting your romance shouldn't trump your partner's privacy concerns. While lawyers might be required to help negotiate some aspects of an upcoming marriage, complicated social media prenups shouldn't be one of them. Forget the hefty legal fees and just have an upfront conversation with your partner about your personal expectations and boundaries.

And remember to think twice before you Snapchat that sexy bedtime photo or tell off your mother-in-law on Twitter.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

Rhinasserous friends



Rhinoceros Manuela and her donkey friend hang out at the Tbilisi Zoo, Georgia on Monday. The zoo keepers tried to help Manuela by putting the donkey in the same cage. The strategy worked and the animals have been living peacefully together since. SHAKH AIVAZOV/THE ASSOCIATED PRESS

Bummed out rhino cheered up by new donkey buddy

Animals in the zoo in Georgia's capital are not allowed to be lonely, even if it means they end up with rather unusual companions.

A female rhinoceros called Manuela has made friends with donkeys, after failing to hit it off with either zebras or goats, while a lion cub neglected by his mother has bonded with a puppy.

THE ASSOCIATED PRESS

Not quite lion and lamb, but pretty close

Tbilisi Zoo spokeswoman Mzia Sharashidze said Manuela got depressed after the death of her mate and became aggressive toward her caretakers.

They tried putting zebras in her enclosure, but they only returned the aggression. Then they tried goats, which ran away. But the donkeys had an instant calming effect.

Nearby, lion cub Shamba lives happily with a puppy.

THE ASSOCIATED PRESS

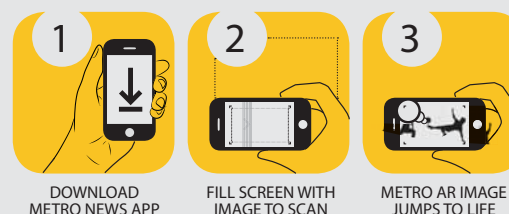
A friend in need

- Donkeys are well known on farms for having a calming effect on livestock. At weaning time a donkey can help ease the trauma of a foal being separated from its mother. The donkey has a relaxing influence on the foal and willingly takes on responsibility for its well-being. Donkeys also make good pals for grown horses recovering from injury or surgery.

SOURCE: DONKEYANDMULE.COM

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 10 in Life and page 13 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

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MetroTube

Drone smackdown



ANDREW FIFIELD
andrew.fifield@metronews.ca

So if you're anything like us, this is the first time you've seen a hostile crowd take down a drone with whatever means available, before proceeding to smash it to pieces.

But, it's pretty safe to bet it won't be the last as the skies fill with the buzz of unmanned aerial surveillance. And an arsenal of promotional T-shirts won't be an adequate weapon set for long.
(Runnerazzi/YouTube)



METRO PHOTO ILLUSTRATION



DVD review



The Grand Budapest Hotel

Director. Wes Anderson

Stars. Ralph Fiennes,
F. Murray Abraham,
Adrien Brody

• • • • •

Eight features into a career of artisanal whimsy, Wes Anderson has “baked” his masterwork with *The Grand Budapest Hotel*, one of 2014’s best films. Every carefully arranged image is a visual treat and a comic delight.

Through the pink-frosted doors of the title retreat pass many familiar faces from Anderson’s previous films — people like Bill Murray, Owen Wilson, Tilda Swinton, Jason Schwartzman and Bob Balaban. But the most engaging and amusing of them is new to Anderson’s antics: Ralph Fiennes.

He’s Monsieur Gustave H., the concierge of the Grand Budapest, a man of fastidious manner and reckless charm. Gustave’s favourite guest is octogenarian Madame D. (Swinton), who adores him — and who wouldn’t? But she fears treachery as she prepares to return to her grasping son Dmitri (Adrien Brody) and other ungrateful offspring.

There’s an undercurrent of melancholy to *The Grand Budapest Hotel* that indicates how far Anderson has progressed from the studied irony of his early films. **PETER HOWELL**

The Antlers need just a little bit of patience

Familiars. Singer Peter Silberman talks how slowing down tempos helps him to be present in the moment

PAT HEALY

Metro World News in Boston

The Antlers have created a world where a cheerful mariachi horn can be right at home with classic soul chord progression and the heady dystopian plodding of Pink Floyd.

“I’ve been listening to Pink Floyd for so long that I’m sure it’s in there in a permanent way,” says singer and guitarist Peter Silberman.

On *Familiars*, the band’s third official album as a multi-member concern (Silberman released several bedroom-recorded cassettes under The Antlers moniker in the beginning) the one thing that unifies all of these disparate sonic elements is patience.

“That’s become my way of attempting to be present in songwriting,” says Silberman of the careful pace that defines the album, “and musically, I think that playing music is a much more present activity for me, and part of the reason that I tend to lean toward slower tempos is to negate the rush to the finish line. You know how when a song starts and it’s kind of catapulting towards the end of it? It’s something that lately I haven’t been interested in at



The Antlers’ third official album as a band is called *Familiars*. MARC LEMOINE

all. I think you miss everything that happens in between with that approach. I enjoy patience in music and I enjoy trying to cultivate that for myself.”

Silberman says that the other members of the band not only exercise patience when they’re playing, but also when the singer is revising lyrics right up to the deadline. “Through the last days of recording, I was still changing words,” he says.

Although he is able to keep himself at a slower tempo when recording his words, he does speed up when he speaks about it, still obviously excited to discuss the music.

Quoted

“There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly.”

The Antlers’ singer and guitarist Peter Silberman

“I wanted it to be the truest album, but I think reaching some sort of state of ultimate truth is kind of impossible and I learned that over the course of this,” he says. “There is no such thing as perfection, and I was thinking of it as some sort of puzzle, and I wanted it to be a puzzle where all the pieces fit together perfectly. And I kind of just drove myself crazy trying to make that happen, and I got as close as I could get, but there’s really no way to do it, since by nature of being human it’s going to be flawed, and have pieces that don’t quite fit together.”

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Chris Martin and Gwyneth Paltrow GETTY IMAGES

I'm still trying to fix you: Paltrow and Martin might be patching things up

Gwyneth Paltrow and Chris Martin seem to be consciously undoing their decision to consciously uncouple, as three months after announcing their split, the duo is reportedly working things out, according to the Daily Mirror. "Chris still lives with her, they are amazingly lovey-dovey together and she still wears her

wedding ring. They may have consciously uncoupled a few months ago, but they seem to be recoupling now. No one will be surprised if they get back together," a source tells the paper. "It's true they had problems, but in the weirdest way this 'conscious uncoupling' situation has relieved the pressure on them."



Kristen Stewart GETTY IMAGES

Kristen wants Moore from her relationship with Demi

Kristen Stewart has her sights set on Demi Moore as a co-star and potential new BFF, according to Star magazine. "Kristen is making serious noise about befriending Demi, whom she's worshiped for years, and convincing her they should play a mother-daughter team in a new action comedy," a source says, explaining that Stewart thinks a film pairing "will help both their careers and somewhat depressing

public images." Plus, it will help her attain a lifelong dream of working with the In-decent Proposal star. "It's been a long-held dream of Kristen's to star in a movie with Demi. She's been a fan of hers for a good 15 years and is on the hunt for a fun action role for her and Demi," the source says. "Demi's very receptive to working with Kristen, but it will all depend on what scripts she can muster."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



AdorbZzz photo makes us momentarily forget that Kanye West is Kanye West

MELINDA TAUB
Metro World News

Kanye West's ego is dwarfed only by his talent. In everything he does — music, fashion, general celebrity-ness — he pushes himself to be the very best. So of course if Kanye West takes a nap, it's going to be the very best nap of all time.

Kanye proved his domination at the nap game this weekend. Sunday was Father's Day and also hap-

pened to be the first birthday of North West, Kanye's daughter with his new wife Kim Kardashian. Kim snapped the above pic of her family, snuggled up together for a ridiculously cute Dad's Day snooze.

"This is what life is about! Our baby girl turned 1 today! We played so hard they passed out while we were watching the game! Happy Father's Day to the best daddy in the world! The way you love our daughter and protect her makes me filled with so much love!" Kim captioned the photo on Instagram.

I hope Kanye continues to make fearless, groundbreaking music. However, if he does not — if he produces nothing but, say, a coffee-table book, filled with photos of him and North napping in matching outfits, dreaming of ba-bas and rap domination — would that be so bad?

Peace out, Potter: Radcliffe relishing life with a little less Harry

Daniel Radcliffe isn't living under the shadow of the Harry Potter franchise as much anymore, and he's thrilled about that. "People don't shout Harry Potter at me now. They tend to know my name, which is lovely," he tells Sky Arts.

"But I will always credit the opportunities I got from Harry Potter. I would not be a happy person if I was bitter about those 10 years of my life." Speaking of being happy, a big part of that for Radcliffe includes giving up alcohol, which he did in 2010, and dodging the anxiety being a successful child actor can bring.

"I would have benefited from not drinking as it was not making me as happy as I wanted to (be)," he says. "It is not a real pressure, but it is a pressure of living with the thought, 'Oh, what is (it with



Daniel Radcliffe GETTY IMAGES

all these people saying I am not going to have a career? What if they are all going to be right, and will be laughing, and I will be consigned to a bunch of 'Where are they now?' lists?"



Nicole Kidman GETTY IMAGES

It appears that Kidman's girls have grown

Nicole Kidman made quite an impression on the red carpet at the Swisse Celebrate Life Ball in Melbourne recently, donning a Prada gown with a plunging neckline, and some are saying the Oscar-winning actress was showing off some newly enlarged assets. "It appears she has had a pretty im-

pressive breast augmentation. I suspect that she's gone from a big A or small B to a full C [cup size]," Dr. Anthony Youn, who has not treated Kidman, tells Radar Online. "Overall I think it looks good, although maybe a touch overdone. It's also possible she still has some swelling."

Twitter



@RuPaul

There's a difference between knowing the path and walking the path, and a difference between walking the path and sissingy that walk



@ChloeGMoretz

There are a few people in this world I love :)



@Sethrogen

I think my greatest skill is my ability to memorize the layout of a tv remote so I can hit buttons without looking.

Scan the photograph below with your Metro News app to remind yourself how Shakira's hips just don't lie.

It's the workout that doesn't lie



Want a waist like Shakira? Try this workout. CONTRIBUTED

Celeb routine.
Shakira's personal trainer shows us how to banish the bulge

ROMINA MCGUINNESS
Metro World News in London

"Most people crave that V-shaped torso: that slight indentation that stops your upper body from being a straight line, which is what

you end up with if you do too many straight up crunches," says Anna Kaiser, superstar Shakira's personal trainer.

"You'll change the way that your muscles are shaped, sure, but you also need to mix it up with some cardio if you want to build strength," Kaiser says. "Also, don't think you can just do this workout and then run to the store and celebrate with a greasy treat and soda!"

Want to sculpt your waist? Do this workout five times a week — if you can!

1. SKIPLYOS

From plank position, jump both legs toward your left hand, then jump toward your right hand. That's one rep. Repeat jumping from side to side, trying to lift your hips into the air between landings. Do 10 reps.



2. SUPINE SWISS TWIST

Place a swiss ball between your legs and lie down on your back (legs extended towards ceiling). With your hands out in a T position and keeping your legs straight, lower your legs toward the floor (about halfway), and rotate the ball to the right, rotate back to centre, and then lift the legs back to the starting position. Repeat on the left. Do 10 reps.



3. JACKKNIFE WITH A TWIST

Stabilize in a plank position, with your shins on the swiss ball. Press down into the ball with your shins as you lift your hips toward the ceiling and bend your knees toward your chest. Aim your knees toward your left shoulder (twisting in your mid-section) as you finish bringing your knees toward you (feeling your obliques kick in). Return to plank and repeat on the right. Do 10 reps.



4. DOUBLE TAP OUTS

Start in a plank position on the floor. Tap your right toe out to the side at a 45-degree angle (keeping your right hip parallel to the floor). Then bend your knee and tap your right toe as close to your right shoulder as possible. Return to plank and repeat on the left. Do 10 reps.



5. TWISTING SIT UP

Lie down on your back, arms extended straight overhead on the floor. As you come all the way up to sit on your booty, lift your right knee toward your chest and twist toward the leg as you come into the seated position (arms come out to the side, spine straight). Lower back down. Repeat on the left. Do 10 reps.



6. SIDE PASSE DIP

Position yourself in a side plank, supporting your body with your left arm. Anchor your right foot on the floor, bend your left leg, and hold your left foot to your right knee (in passe). Maintaining that position, try to dip your left hip to tap the floor and come back up again. Do 10 reps.



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Make sure men in your life eat right

Men's Health Month. The U.S. has designated June as the time to discuss a range of topics



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Any time of year is a good time to talk about men's health.

In the current issue of Best Health magazine, our registered dietitian columnist, Sue Mah, talks about how she ensures the men in her life are eating right for their age. Here is an excerpt.

Mah's son, age 13, is "growing like a weed." Between the ages of nine and 18 are the bone-building years for both boys and girls, so he needs more calcium than ever: 1,300 milligrams a day. That's three to four servings of milk and alternatives, according to Canada's Food Guide. Mah ensures he has a serving of cheese, yogurt and/or milk at every meal.

As for healthy school lunches, he brings a packed lunch from home most days, but once a week he buys it from the cafeteria.

Mah says, "I don't critique his choices because I want to encourage his decision-making. And he rounds out his sometimes junky choice with fruit, veggies, cheese and juice." She always has healthy foods at home so he can make snacks — such as avocado for guacamole, and berries and yogurt for smoothies.

Mah's husband, who is at a healthy weight, has risk factors for diabetes being of Asian descent, and being over 40. Because he sometimes does the grocery shopping, Mah says, "I've given him advice on reading nutrition labels. He now chooses products that help him cut back on sugar. If he has lunch at the office food court, he now swaps pad thai — which is heavy on carbs and doesn't have enough veggies — for a green salad with lean protein such as chicken. He even keeps nuts in his car for snacking on his long commute."

And Sue Mah's dad and father-in-law are in their mid-

'70s and therefore vulnerable to heart disease and cancer.

"They are healthy, so my main goal is to help them age well. I suggest they eat colourful fruit and veggies for fibre and antioxidants, plus fish, nuts and seeds for healthy fats that boost brain health. I also recommend they take 1000 IU of vitamin D a day, since we become less efficient at making it as we age." The recommended amounts vary: Canada's Food Guide suggests 400 IU for those over 50, while Osteoporosis Canada suggests 800 to 2,000 IU for those over 50.

Another common challenge for seniors is a small appetite due to medications or loneliness. Says Mah: "Being with others encourages seniors to eat and enjoy food. If you're worried about your dad's nutrition, encourage him to make meal dates with friends and family. It's a good way to enjoy one of life's great pleasures — food!"

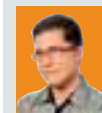
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Aimed at guiding first-time fathers through every decision of a pregnancy, this lightly humorous and wonderfully helpful app offers daily advice, to-do lists, an educational timeline, and a contraction counter.



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Saturday, June 21st
from 11am to 3pm

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Story and demonstration times are available at the Information Booth or on WhiteOaksMall.ca.

**electronics
RECYCLING**

Recycle unwanted electronics on June 21st in the parking lot behind H&M. A list of acceptable items is available at the White Oaks Mall Information Booth.



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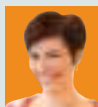
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Colourful spice gives your pan-fried fish cancer-fighting coating

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NUTRI-BITES
Theresa Albert
DHN, RNCPT
myfriendinfood.com

Turmeric is the ingredient in most curry powders that will stain your fingers, counters and plastic containers.

It has also been intensely studied and is widely accepted as a potent anti-inflammatory food. Inflammation is believed to be at the root (Get it? Turmeric is a root!) of many diseases like arthritis, dementia and heart disease. The bottom line is that you want more of the foods that reduce the pressure of living.

Adding turmeric daily is simple. It doesn't have a strong flavour and hides itself well in other spices.

- Add a pinch to your morning smoothie, and it will go relatively unnoticed by your taste buds.

- Include it in curried egg salad,

frittatas or omelettes.

- Sprinkle into your salad dressing for lunch.
- Stir in as an invisible but nourishing addition to red or yellow soups or tomato sauces.
- Mix into spice breads, muffins or even cookies

Turmeric is available as a supplement but it is also available as a powder that can be packed manually into empty gel capsules for 1/100th of the price. Ask your doctor before adding this, though. It can enhance the efficacy of other blood thinning drugs. It is just that good!

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



START TO FINISH
12 MINUTES

This recipe serves four. COURTESY THERESA ALBERT

FLASH FOOD



From your fridge to your table in 30 minutes or less

Fish, no matter how you slice it, is a superior protein. What fat it contains is the omega-3 good kind that lubricates your joints. Plus it is quick to cook.

The added bonus with this Pan-Fried Turmeric Fish is

that it is "breaded" in a whole wheat/turmeric coating.

Together, they create a crispy crust that is delicious, yes, but the real benefit is that turmeric is a potent anti-cancer spice that is also making good news headlines.

1. Beat egg in a shallow bowl with 1 tbsp of water.

2. Mix together turmeric, whole wheat flour, sea salt and white pepper in a separate bowl.

3. Dredge fish in egg and then set into turmeric-flour mixture, turning to coat.

4. Warm a large skillet over medium-high heat and add butter and oil. Quickly add the coated fish.

5. Cook for 2-3 minutes and turn once to cook through for 2-3 more minutes. Set fish onto paper towel to absorb any excess fat. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE**

IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Ingredients

- 1 egg
- 2 tbsp turmeric
- 2 tbsp whole-wheat flour
- 1/4 tsp sea salt
- 1/4 tsp white salt
- 1 lb catfish fillets or other firm white fish
- 1 tbsp butter
- 1 tbsp grapeseed oil

Turn peaty whiskey into a sensational sauce

Ingredients

Potatoes

- 1/2 cup chopped dates
- 2 cloves garlic
- 1 tbsp minced fresh rosemary
- 1/4 cup Scotch whisky (a particularly peaty variety is good)
- 1/2 tsp each salt and black pepper
- 1/4 cup balsamic vinegar
- 2 tbsp melted butter
- 2 lbs small potatoes, quartered
- 2 tbsp chopped fresh mint
- 3 scallions, thinly sliced

• 1/4 cup crumbled blue cheese Sauce

- 2 cups bourbon
- 3 tbsp tomato paste
- 1/3 cup natural peanut butter
- 2 tbsp soy sauce
- 2 tsp each honey and hot sauce
- 1 teaspoon each ground cumin, garlic powder, onion powder, smoked paprika
- 1/2 tsp each ground dry ginger and mustard powder

1. Heat the oven to 450 F. Line rimmed baking sheet with foil; coat with cooking spray.

2. In blender, combine dates, garlic, rosemary, whisky, salt, pepper, vinegar and melted butter. Puree until smooth.

3. In bowl, combine sauce and potatoes and mix until coated. Spread onto prepared baking sheet. Bake until browned and tender, 35 minutes. Transfer to serving dish. Sprinkle with the mint, scallions, and cheese.

Bourbon-Peanut BBQ Sauce

1. In saucepan over medium-high, whisk bourbon and tomato paste. Bring to boil and cook until reduced by half and thickened, 8 minutes. Whisk in the peanut butter, soy sauce, honey, hot sauce, cumin, garlic powder, onion powder, paprika, ginger and mustard powder. Return to a simmer and cook another 5 minutes. If a thinner sauce is desired, whisk in 1/3 cup water.

THE ASSOCIATED PRESS



This recipe serves eight. MATTHEW MEAD/THE ASSOCIATED PRESS

Rookie camp

NHL hopefuls return to Gardens

For the second consecutive year, Budweiser Gardens will play host to a four-team NHL rookie tournament.

Rookies from Toronto Maple Leafs, Ottawa Senators, Pittsburgh Penguins and Chicago Blackhawks will participate Sept. 13-16.

All event and Leafs' only packages are available now, as well as single game tickets.

Schedule

- **Sept. 13**
— Pittsburgh vs. Ottawa, 2 p.m.
— Chicago vs. Toronto, 7 p.m.
- **Sept. 14**
— Pittsburgh vs. Chicago, 2 p.m.
— Toronto vs. Ottawa, 7 p.m.
- **Sept. 15**
— Ottawa vs. Chicago, 7 p.m.
- **Sept. 16**
— Toronto vs. Pittsburgh, 2 p.m. **METRO**

Tony Gwynn

Mr. Padre dies of oral cancer

Tony Gwynn, the Hall of Famer with a sweet left-handed swing who spent his entire 20-year career with the Padres and was one of the game's greatest hitters, died of cancer Monday. He was 54.

Gwynn, a craftsman at the plate and winner of eight batting titles, was nicknamed "Mr. Padre" and was one of the most beloved athletes in San Diego.

THE ASSOCIATED PRESS

Expos feel to HOF week

This week's Canadian Baseball Hall of Fame induction celebrations will have a decidedly Montreal feel. Long-time Expos third baseman Tim Wallach, former GM Murray Cook and legendary broadcaster Dave Van Horne will be inducted Saturday. Canadian men's coach and scout Jim Ridley will be inducted posthumously. The ceremony takes place at 1 p.m. at the hall of fame in St. Marys, Ont. Here's how the



All hail the Kings! Fans shower Stanley Cup champs with California love

Kings captain Dustin Brown carries the Stanley Cup in downtown Los Angeles on Monday. After riding nine double-decker buses and a flatbed truck during the celebratory parade, the team gathered for a rally at Staples Center, where they polished off the New York Rangers on Friday in Game 5 of the championship round. The title was the Kings' second in three seasons. Scan the image with the Metro News app to see the Kings party with the Stanley Cup.

KEVORK DJANSEZIAN/GETTY IMAGES

Spurs built to last

NBA. San Antonio in position to succeed for years to come whether Duncan retires or not

Tim Duncan conducted his postgame interview flanked by his two children. Some day soon he may decide that they, and not Tony Parker and Manu Ginobili, will be his full-time running mates.

Duncan's eventual retirement — whether it's next week, next summer, or after the next championship — probably won't end what's been a 15-year run at or near the top for the San Antonio Spurs.

San Antonio appears to be positioned to keep rolling along.

The Spurs looked better than ever in demolishing the Miami Heat in five games



From left: Kawhi Leonard, Tony Parker, Tim Duncan and Manu Ginobili celebrate the Spurs' championship victory on Sunday in San Antonio. ANDY LYONS/GETTY IMAGES

for their fifth championship, finishing it off with a 104-87 victory Sunday that set off a horn-honking celebration that lasted deep into the night.

With good players in place and perhaps unmatched leadership at the top that will find more, the Spurs don't figure to go away, even when their big man in the middle finally does.

"I think I said it many times. There was not one season since I'm in the NBA that I really didn't truly believe that we could have won it," Ginobili said. "Every year we were up there. Sometimes we were No. 1 and we lost in the first round. Some other times we were seventh and we had a shot at winning it."

"But playing with the team-

mates I've always played, coached by the guy that is coaching us, I always felt that we had a shot, and I truly never believed it was the last shot."

This probably wasn't, either.

True, the 38-year-old Duncan realizes the end is near, though won't say and perhaps doesn't know how close it is. Ginobili will be 37 next month and may be entering the last stage of his career as well.

But Parker shows no signs of slowing down.

NBA Finals MVP Kawhi Leonard looks ready for an even bigger role, and coach Gregg Popovich and general manager R.C. Buford, whom Commissioner Adam Silver called "perhaps the greatest GM-coach combination in all of sports," have shown they can find good players and make them better once they don the silver and black.

THE ASSOCIATED PRESS

week pans out.

- **Thursday.** Home-run derby: 6 p.m., hall of fame grounds; Team Canada slo-pitch players, including Todd Cadenhead, Kyle Knetchel and Jeff Gare vs. Team Canada fastball players, including St. Marys resident Dale Levy. **Celebrity slo-pitch game:** 7 p.m., hall of fame grounds; celebrities include Fergie

Jenkins, 2014 inductees Tim Wallach, Dave Van Horne and Murray Cook and ex-big leaguers Paul Spoljaric and Billy Atkinson.

- **Friday.** London Salutes Canadian Baseball breakfast: 7:30 a.m., London Convention Centre: Special guests include Tim Wallach, Dave Van Horne, Fergie Jenkins, George Bell, Duane Ward and Devon

White. **Celebrity Golf Classic:** 11 a.m., St. Marys Golf and Country Club; celebrities will include 2014 inductees as well as past inductees.

- **Saturday.** Induction ceremony: 1 p.m., HOF grounds; emceed by Canadian broadcaster Rod Black and Michael Burgess will sing the national anthem.

Game: 2 p.m., HOF grounds; Intercounty league's Barrie Baycats vs. Hamilton Cardinals.

- **Saturday and Sunday.** Blue Jays camp for kids: 3 p.m. Saturday, 9 a.m. Sunday, HOF grounds; Each participant will receive eight hours of instruction from Blue Jays alumni Duane Ward, George Bell and Devon White. **DAVE LANGFORD/METRO**

Payback. Ousted twice by Ghana, U.S. wins at last

Clint Dempsey scored one of the fastest goals in World Cup history and John Brooks scored the game winner on a header in the 86th minute of a 2-1 U.S. victory over Ghana, which had knocked the Americans out of the previous two World Cups.

Dempsey's goal came on a low shot just 32 seconds into the match. The lead held until Ghana's Andre Ayew levelled in the 82nd minute. Ayew's goal appeared to have stolen the victory from the U.S., until Brooks' goal off a corner from Graham Zusi. **THE ASSOCIATED PRESS**



U.S. forward Clint Dempsey
GETTY IMAGES

Outside the stadium

Protesters burn U.S. flag ahead of Biden's arrival

Demonstrators burned a U.S. flag near the stadium in northern Brazil where Vice-President Joe Biden was scheduled to attend the U.S. soccer team's opening World Cup match Monday evening.

THE ASSOCIATED PRESS

Anti-World Cup acts

Rio policeman caught on video shooting at protesters

Police in Rio de Janeiro are investigating the case of a policeman who appears to have fired a live round at anti-World Cup protesters, a scene caught on an Associated Press video. **THE ASSOCIATED PRESS**

The 13th game. Nigeria and Iran deliver the World Cup's first draw

Nigeria and Iran delivered the first draw of the World Cup on Monday as they ground out a scrappy 0-0 stalemate in their opening match in Group F.

The draw at the Arena da Baixada in the southern Brazilian city of Curitiba followed 12 mostly high-scoring and attacking games.

After a first half in which Nigeria failed to capitalize on its dominance, chances were few and far between in the second.

Players from both sides snatched at chances, and neither goalkeeper was troubled despite some frantic late pressure in the final minutes.

THE ASSOCIATED PRESS

German rout screams 'favourites' all over

Imposing 4-0. No. 4-ranked Portugal, Ronaldo and all, easy prey for the Mannschaft's power

Thomas Mueller scored a hat trick as Germany turned on its style and power to rout 10-man Portugal 4-0 in their World Cup Group G opener on Monday.

Mueller, who scored five goals in the 2010 World Cup, was ruthless against a weak Portugal team that was clearly outplayed despite the presence of Cristiano Ronaldo.

"To score three goals in the World Cup opener against such an opponent is great," Mueller said.

With Chancellor Angela Merkel supporting in the stands, the German team celebrated its 100th World Cup match with a rousing victory that was virtually assured by halftime.

"After 20 minutes, we looked up at the clock and thought it was going to be a long day," Mueller said. "But we got into the match very well and when you lead by 2-0 in this heat and then even get the third, it was all over."

Overwhelmed

"We lost the game already in the first half."

Portugal coach Paulo Bento lamenting the 3-0 score his team took the dressing room at the end of the first half.



Germany's Thomas Mueller (13) kicks the ball into the Portugal net to score his side's third goal during the group G World Cup soccer match at the Arena Fonte Nova in Salvador, Brazil, on Monday. NATACHA PISARENKO/THE ASSOCIATED PRESS

Germany always aims to have an impressive start and it certainly did this time. Four years ago, it started with a 4-0 win over Australia and reached the semifinals.

What must be worrying for Germany's opponents is the apparent ease with which Joachim Loew's lineup disposed of the fourth-ranked team in the world. Germany next faces Ghana on June 21 and the United States on June 26.

Germany coach Joachim Loew said his team implemented his game plan very



well, winning the ball in midfield and then quickly attacking.

Mueller scored on either side of Mats Hummels' headed goal as Germany took a 3-0 lead at the break, and added

his third goal in the 81st.

Ronaldo started at Arena Fonte Nova after overcoming a knee injury. He faded after threatening early in the match, including a shot from a break that Germany goalkeeper Manuel Neuer could only block, but there was nobody from Portugal to pounce on the rebound.

"We lost the game already in the first half," Portugal coach Paulo Bento said. "We couldn't come back in the second. Germany played very well, we couldn't do anything." **THE ASSOCIATED PRESS**

Gibbons may be doing something right this time



Toronto Blue Jays manager John Gibbons GETTY IMAGES

Toronto Blue Jays manager John Gibbons was holding court with reporters in his office before a recent home game when a longtime scribe poked his head in the door.

"Gibby, are you smart again?" he joked, as the veteran skipper let out a roar.

"No, definitely not," Gibbons replied with another hearty laugh.

He may not want to take the credit, but Gibbons is doing something right this season. In a remarkable turnaround from a deflating 2013 campaign, he

has guided the Blue Jays to the top of the American League East division standings.

Gibbons has appeared to use the same style when his team is struggling or in peak form.

Rarely without a big wad of chewing tobacco tucked under his lip, he's quick with a smile and is as laid back as they come. With over three decades of experience in the sport, he knows not to get too high when times are good or too low when they're not.

"I don't think I'm doing anything differently or trying

to be anybody different," Gibbons said in a recent interview. "I don't know if I could. We're just playing better."

"Nothing has changed. We're just playing better."

Gibbons has helped the Jays become one of the surprise stories in Major League Baseball.

"I have confidence in this team," he said. "I knew we were better than we played last year and then we felt there were some reasons we didn't play well last year and we were holding on to that fact."

THE CANADIAN PRESS

Jays in the upswing

General manager Alex Anthopoulos stuck with Gibbons despite a 74-88 campaign in 2013. Currently the Jays hold a 41-30 record.

- Toronto made its move with a 21-9 record in May.
- Only Oakland (42) and San Francisco (43) have posted more wins.

Horoscopes

♈ Aries

March 21 - April 20

You may be a bit moody today for no apparent reason. Yes, OK, certain things have not worked out the way you anticipated but it's hardly the end of the world, so keep things in perspective.

♉ Taurus

April 21 - May 21

Why are some people so negative? It seems that the more ideas and suggestions you come up with the more reasons they find to reject them. Go it alone for a while.

♊ Gemini

May 22 - June 21

The harder you work the less you seem to get done, which is frustrating because you can sense that time is running out. The problem seems to be that you have neglected a number of small but important details.

♋ Cancer

June 22 - July 23

If you change something that does not appear to be working today chances are you will regret it come the weekend when the sun moves into your birth sign. You really don't need to change a thing.

♌ Leo

July 24 - Aug. 23

Others may be talking about you – and what they are saying is unlikely to be flattering – but what of it? You are big enough and bold enough to shrug it off and keep moving forward.

♍ Virgo

Aug. 24 - Sept. 23

If you see that a friend or relative needs help then step up to the plate and do what you can for them. Some people find it hard to ask for assistance – they think it's a sign of weakness.

♎ Libra

Sept. 24 - Oct. 23

You are worrying about something that most other times would not bother you in the slightest – thanks to Mercury, planet of the mind, going through one of its negative phases. Snap out of it.

♏ Scorpio

Oct. 24 - Nov. 22

It will pay you to be skeptical today, especially when dealing with people who in some way or other depend on your generosity. Whatever it is they suggest make sure the figures add up.

♐ Sagittarius

Nov. 23 - Dec. 21

Your self-confidence could take a bit of a dive today, even though your circumstances have not changed at all. Everyone goes through a down phase once in a while, so don't attach too much importance to it.

♑ Capricorn

Dec. 22 - Jan. 20

Ignore people who say that certain things cannot or should not be done. If you feel that a course of action is right for you then there is nothing more that needs to be said.

♒ Aquarius

Jan. 21 - Feb. 19

It's not like you to be negative but you seem to believe that a creative activity of some kind is no longer worth the effort. You're wrong.

♓ Pisces

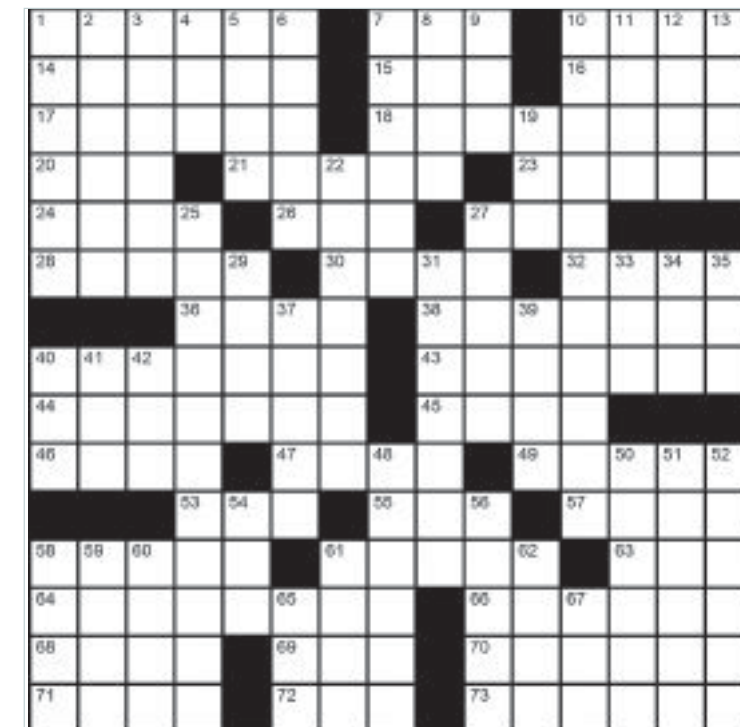
Feb. 20 - March 20

A friend is clearly being economical with the truth and no doubt that makes you mad. Before you snap at them ask yourself what their motive might be. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Winnipeg: Old ____ Square
7. ____ Vegas
10. Lady's address
14. Fabric's fold
15. 'Percent' suffix
16. Moisturizer ingredient
17. Basketball legend Julius
18. Points of view
20. Mr. Wheaton
21. Planting product
23. Prefix with 'arthritis'
24. Profess
26. Almond
27. Li'l life story
28. "Buffalo Stance" by ____ Cherry
30. Beatles: "I ____ film today..."
32. Depilatory brand
36. Agnus ____ (Mass prayers)
38. Ridiculous
40. Toronto: Rogers Centre's original name
43. Formed a queue: 2 wds.
44. Hair dye brand
45. Carte du jour
46. "No thanks, ____ a diet."
47. Sea lettuce
49. Not hidden
53. Capture
55. Sleeve
57. ...happily ____ after.
58. Wise-one's saying
61. Ritual site, perhaps



63. Eggs, scientifically
64. Swimsuit style
66. Put into peril
68. Keep ____ profile
69. Docs
70. "It's so hot ____!" (Crank up that air conditioning!)
71. ____Air (Kitchen appliance brand)

72. British poet, Henry James ____
73. Rids

Down

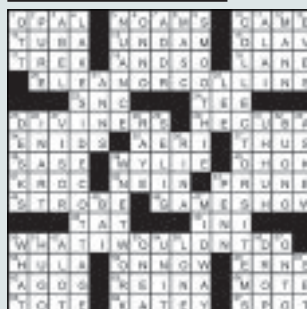
1. Food Network Canada chef, Mark ____
2. Land
3. Makeup maker
4. Trombonist Mr.

- Winding
5. Medieval labourer
6. Sara's songstress sister
7. Actor Ray
8. Numerical ord. opposite
9. Six: Italian
10. Montreal's founder, Paul de

- Chomedey de ____ (b.1612 - d.1676)
11. Frequently: 2 wds.
12. First-rate
13. 'Middle'-meaning prefix
19. "____, _ insist!"
22. Canadian judge Mr. Peters on NBC's "Last Comic Standing"

25. Vera Wang creation: 2 wds.
27. Great jazz Count
29. "Is it a '____' a 'she'?" (Human's query upon meeting a new dog)
31. American store in Canada
33. Assistance
34. Shiba ____ (Dog breed of Japan)
35. Sales pro
37. Poker: Folding-one's statement: 2 wds.
39. Never! = ____ way, shape or form!
40. ____Fi
41. Airline to Amsterdam
42. Former-NBAer, ____ Ming
48. Overnight+bag
50. Calls forth
51. Go back to a former way
52. Toronto Stock Exchange actions
54. "Snake!"
56. As per #10-Down... Ville-____ (1642-founded colony at present-day Montreal)
58. Music key, ____.
59. Bananas brand
60. Nameless [abbr.]
61. Mr. Travis, WKRP employee
62. Finger jewellery
65. Rapscallion
67. "Murder, ____ Wrote"

Yesterday's Crossword

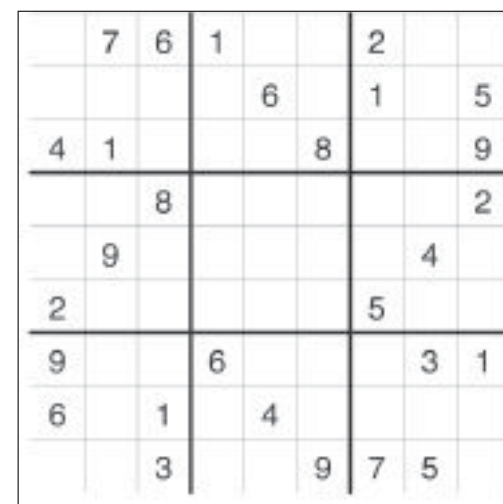
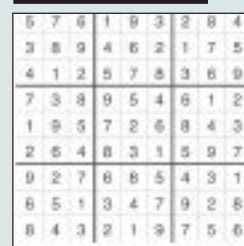


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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